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BOOK REVIEW:

Josh Langley. *Dying to Know*

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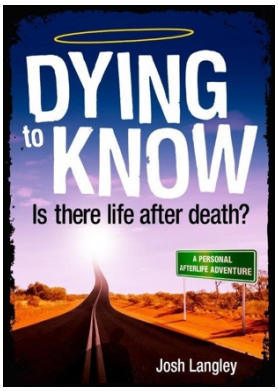

Josh Langley wants to know the answer to that age-old question “Is there life after death?” Many of us are probably curious about this also so with that in mind I grabbed a copy of his new book “Dying to Know” and prepared myself to find some answers.

To give himself the best chance of finding this answer, Josh undertakes quite a few challenges including seeing some mediums, checking out behind the scenes of a funeral home, ghost hunting, meditation and many, many more, all of which he documents in this book. So what inspired him to go on this journey?

He tells us that he was always a curious child but living in house that had its own spooky goings on certainly would have fueled that fire. Josh was brought up in a rather open household, with a very open mind and was allowed to explore what he wanted, and with a life surrounded by ghostly visitations, séances and messages passed on from loved ones, it’s no wonder his interest was piqued.

The first chapter of the book starts at the funeral home and crematorium. I found this chapter a bit confronting but only I think because I had lost my mother last year. But I think that Josh handled it nicely and even though it was quite stark in the way he described it, which was just the way it is, he counteracted this with his own compassion and grief to bring that touch of humanity to an otherwise stark environment. Probably a good place to start as when we die that is generally the next place that we go.

Chapter 2 covers a topic that fascinates me and that is reincarnation. With his visit to a past life regressionist I loved reading the different ‘lives’ of Josh’s that came through and how they connected with his current life now as in knowing his partner before. This is something that I have intended doing myself one day and reading Josh’s results have just made me want that even more.

He visited many mediums for the answers in this book and I loved seeing the different results from the different mediums and how some actually came through with the same information. Learning to be open minded in a situation like this I think is hard, especially when you are going in expecting to hear from a particular person and that person doesn’t come through.

The physical medium was a very interesting story also, with some suitably creepy results. He covers many other topics in this book like Out of Body Experiences, Transfiguration boxes, his own mediation contact with loved ones and of course the one that interested me the most his own ghost hunt. The spiritualist church made me smile and again is another area I would love to investigate.

I found the ghost hunt interesting as that is a passion of mine and after reading this chapter all I want to do is now go to this location. The experiences were ones that I have had several times so could relate exactly to how he was feeling.

The thing I loved in this book was the synchronicity, when Josh had a thought about a challenge that he would do, somehow, something or someone would appear that would make that possible instead of the hard journey it could have been. Including but not limited to a very expensive US course that suddenly did a retreat in Australia. Much cheaper and accessible than flying overseas and lovingly timed so it could be done for his book. They do say the right people will turn up at the right time. What was also great was to see Josh willing to spend his own money on doing as many different courses and exercises to get the broadest possible result and answers for this book . He really did try as many ways as possible to find his answer and I appreciated the effort in doing that as with any scientific experiment to find answers, every avenue must be explored.

There are now quite a few new things out there which I am going to be exploring and looking at doing to increase my knowledge of this afterlife and the spirits we deal with. I really enjoyed reading the book and managed to do it in a couple of hours much to hubby’s surprise. The way the book ended had me a bit teary I’m not ashamed to say and really shows how we all end up full circle in the end. I give *Dying to Know* 4 out of 5 orbs!